

What the Standards Are & What that Means for You

Medical Device Standards

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Abstract

Federal standards governing the safety and efficacy of medical products have been overseen in the United States by the FDA since the original 1906 Food and Drugs Act. The approach to medical product safety on the federal level has evolved over the years, but it was not until 1976 that the Medical Device Amendments were passed to ensure the safety and efficacy of medical devices. Today, many countries in addition to the U.S. have regulations governing the design, manufacturing, and sale of medical devices within their borders. Compliance with these regulations is mandatory and non-compliance has farreaching consequences, including fines, forced cessation of manufacture, import bans, and even criminal prosecution.

Contents

Background	3
Standards Bodies	
International Medical Device Regulators Forum (IMDRF)	3
International Standards Organization (ISO)	3
International Electrotechnical Commission (IEC)	3
United States Food and Drug Administration (FDA)	4
Other Regulatory Bodies	4
Understanding CFR Part 820	5
Earning, and Keeping, FDA Approval for Your Device	6
Digging Deeper: How to be Compliant	7

Key Takeaways

- Over 1,102 medical device standards exist in the world today
- CFR Part 820 consists of 224 legally-binding "shalls"
- Part 820 applies to all medical devices marketed in the United States, even if they are manufactured elsewhere
- The FDA is not available to consult on design submissions, status, or manufacturing process, but ISO 13485-certified companies & organizations can help

Background

Because of the importance of regulatory compliance in the design and manufacture of medical devices, a wide array of standards and guidances has been developed by different governing and consulting bodies. Each standard is intended to meet the requirements of a particular regulation or group of regulations, or to provide further clarification on *how* a regulation is to be met. Because of the regulatory complexity of the international market for medical devices, certain standards are also intended to harmonize the regulations of different countries. Though the standards landscape

AT LEAST 1,102 MEDICAL DEVICE STANDARDS EXIST! can appear complex, a systematic approach to understanding which standards apply in a given

setting is possible.

This paper will focus on U.S. regulations, with mention given to a few of the standards outside of U.S. jurisdiction.

Standards Bodies

Multiple organizations have produced standards or guidances relevant to medical devices. It is helpful to understand the difference between these organizations in order to fully grasp the applicability of the standards produced by them. Let's walk through some of the more recognizable organizations.

International Medical Device Regulators Forum (IMDRF)

This is a voluntary group of medical device regulators from around the world whose goal is to promote international harmonization of medical device regulations among participating countries. These countries include Japan, the U.S., Russia, Canada, Australia, China, Brazil, and the EU. The IMDRF supersedes but builds on the similar work of the Global Harmonization Task Force (GHTF).

International Standards Organization (ISO)

ISO has produced a number of standards (ISO 13485, ISO 14971, etc.) that are meant to guide medical device manufacturers towards regulatory compliance. Compliance with ISO standards is usually voluntary, as this organization has no official oversight of medical device manufacture in any country. However, many device manufacturers seek certification to an ISO standard, especially 13485, as an indication that they are compliant with regulatory standards and recognized best practices.

International Electrotechnical Commission (IEC)

This organization prepares and publishes international standards for all electrical, electronic, and related devices, including medical devices. Each of its member countries has a vote in what goes into an IEC standard. Specific to medical devices, IEC standards include IEC 60601, IEC 62304, IEC 62366, IEC 80001, and others.

United States Food and Drug Administration (FDA)

The FDA has legally-binding oversight of medical device design, approval, manufacture, and sale in the U.S. The specific branch of the FDA in charge of medical devices is the Center for Devices and Radiological Health (CDRH). Applicable medical device standards include CRF 21 Part 820, which is legally binding on device manufacturers, as well as numerous CDRH guidances which expound on what compliance with Part 820 means. The FDA controls the medical device industry in the US through several processes:

- Review and audit of a company's quality management system
- Review and approval/rejection of new devices
- Control of labelling to ensure labelling matches intended use
- Monitoring and investigation of postmarket device-related incidents

PART 820 APPLIES TO ALL U.S. MEDICAL DEVICES, EVEN IF MANUFACTURED ELSEWHERE The FDA conducts inspections and issues noncompliance

citations to manufacturers outside the U.S. if their devices are exported to the U.S.

Other Regulatory Bodies

Each country is governed by its own set of medical device regulations. Of note, European Union countries have collaborated to produce a set of non-binding guidances that are meant to cover member-country regulations. These are named according to the convention Year/#/EEC. One such guidance is 92/42/EEC.

Other IMDRF members recognize many standards in common, including IMDRF, GHTF, ISO, and IEC standards, but in the end, each country regulates the medical device industry with its own laws. This means that Part 820 has no bearing on medical devices outside of the United States, but EEC guidances are irrelevant to a device sold only in the U.S., and so on.

Once you are familiar with the organizations that create and publish medical device standards, understanding which specific standards apply to a particular medical device manufacturer becomes easier. In the U.S., the best starting point is an understanding of CFR 21 Part 820.

Understanding CFR Part 820

CFR Part 820, often referred to as simply Part 820, delineates the requirements for a quality management system that must govern the design and manufacture of any device sold in the United States. The FDA is in charge of assuring that a device manufacturer's quality



system has implemented all 224 "shalls" and that compliance with each one is clearly documented.

If a medical device is produced in noncompliance with Part 820, it is labelled "adulterated" by the FDA. Discovery of adulterated devices results in the issuance of an FDA 483 warning letter to the manufacturer of record, indicating the points of non-compliance and requiring a response to the FDA. Depending on the severity of the violation, further repercussions may also occur, including forced cessation of manufacture, recalls, import bans, fines, or criminal prosecution.

Simply stated, a quality management system (QMS) is a defined, documented, repeatable process intended to produce uniform results when followed. In the case of a medical device, the intended result is a device that is safe and effective.

Quality system requirements in Part 820 are wide-reaching. Its major elements include:

- Documentation requirements
- Training of employees
- Control of the design process
- Risk management
- Manufacturing requirements, including special circumstances such as those necessary for sterile devices or active implantable devices
- Corrective and Preventive Action (CAPA) procedures defining how to respond when issues occur
- Ongoing surveillance of quality system efficacy

Typically, medical device manufacturers will have staff dedicated solely to the creation and oversight of a quality system that is compliant with Part 820. However, it is important for medical device companies of all sizes to understand that Part 820 is not just the concern of the "quality department."

All employees need to understand the importance of compliance with Part 820. Though a single employee might be involved in only a very small component of Part 820 adherence, each part is crucial to the system operating to produce medical devices that are marketable (*i.e.*, devices that will receive FDA approval), safe, and do what they claim to do.

Companies should work to help employees understand that quality system processes are not just random rules for "the way we do things" but are part of an important bigpicture framework. In the end, executive management is responsible for ensuring that their company's QMS is effective for regulatory compliance of their device(s). All medical devices in the U.S. must be approved by the FDA before they can be legally marketed. The FDA defines a medical device as "an instrument, apparatus, implement, machine, contrivance, implant, *in vitro* reagent, or other similar related article... intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of disease...."

Of recent note, there has been clarification by a number of regulatory entities, including the FDA, that in certain circumstances software alone can be considered a medical device.

(Read more about QMS for software as a medical device).

Earning, and Keeping, FDA Approval for Your Device

FDA approval can be achieved in two ways:

- The 510(k) process, in which the manufacturer must provide evidence that the device they intend to market is "substantially equivalent" to a device already approved by the FDA
- The pre-market approval (PMA) process, which is required for all devices that cannot be approved under the 510(k) process

Once a device is approved, its manufacture, marketing, post-market surveillance, and control of design changes is also regulated by the FDA. Post-approval requirements include constant surveillance of the efficacy of the quality management system, surveillance and reporting of adverse events, and adequate response to any problems that do occur.

While the FDA has jurisdiction over device pre-market approval and ongoing compliance after a device is on the market, it is not positioned to provide much consultation on whether or not a company is "doing well" leading up to application for approval or between post-

market inspections. In other words, a company is essentially in a perpetual pass/fail



situation with FDA regulators. FDA employees do not provide feedback until very late in the process of submission of a device for approval, and post-market inspectors are concerned primarily with looking for any places, however small, that might result in a device being designated "adulterated."

The FDA's limited consultation capacity leaves medical device designers and manufacturers vulnerable. The cost and delay of submitting a device for approval, only to find that your systems are inadequate to pass regulation, is enormous. Similarly, learning that a device is adulterated concurrent with an FDA inspection not only causes financial setback, but is a safety concern for end-users and patients. Fortunately, the standards provided by other bodies and regulatory organizations, such as ISO, IMDRF, and IEC, can be used to mitigate your company's vulnerability and assure FDA compliance.

One of the most prominent examples of a supplementary standard is ISO 13485, a standard that outlines the necessary

requirements for a medical device quality management system. This is the same purview as Part 820: medical device QMS, but from a legal standpoint, compliance with ISO 13485 is completely voluntary, while compliance with Part 820 is required. Key to understanding how ISO 13485 and Part 820

No certification for Part 820; 13485 is helpful relate is knowing that a company can become certified in ISO 13485. Certifying bodies for ISO 13485 offer the consultation and feedback on how a

company is doing that the FDA cannot provide. After the initial inspection and certification of a company's QMS, certifying bodies also require annual audits in order for a company to maintain its certification, which helps ensure ongoing compliance. Although the FDA is not concerned about whether a device manufacturer is ISO 13485 certified, the certification process gives a company feedback on whether or not the FDA is *likely* to discover problems in the company's application for pre-market approval or a site inspection.

Other FDA guidances, authored by CDRH, are also intended to provide an indication on whether or not a company is meeting FDA regulatory requirements, but once again the FDA does not consult on actual compliance between inspections. There is also no available certification for CDRH guidances; it is the responsibility of each individual company to understand and accurately apply such guidances.

Digging Deeper: How to be Compliant

Part 820 is wide-reaching. In order for a medical device company to fully understand what compliance with Part 820 means, further elaboration is required. Two critical areas are risk management and, for software and software-supported devices, <u>control of software life-cycle</u>.

Risk management is the process of identifying potential hazards a medical device contains, could cause, or could contribute to; determining the likelihood and severity of each hazard; and eliminating or mitigating each hazard to an acceptable level of risk. It is the process by which the safety of a potential device is thoroughly analyzed, with all potential sources of device-failure being accounted for. Depending on the type of device, lack of adequate risk management could result in anything from minor harm to severe disability or death.

In order to provide further clarification on risk management, ISO developed ISO 14971, and the FDA has issued a CDHR guidance on the topic. There is no certification available specifically for ISO 14971, but compliance with 14971 is necessary to gain certification in ISO 13485. Risk management, especially for design and manufacture of devices that have high potential risk, almost always requires input and oversight from experts in the applicable fields – such as electronics, software, medicine, and risk management itself. However, ISO 14971 and the CDHR guidance enable a company to develop a process that ensures the right people are involved in risk management, and that it stays forefront throughout development.

Recently, a new standard has emerged for software and software-supported devices from the increasing scrutiny given to the specific risks introduced by software design. Many software-related medical device failures have stemmed from product upgrades, in which inadequate software process control resulted in security vulnerabilities and product failure. The regulatory industry has responded with IEC 62304, which underscores that software development must be controlled for ongoing risk management. Medical device software cannot be developed in isolation from the wider development effort, and it must be developed in such a way that future product upgrades will continue to meet all applicable safety, security, and regulatory requirements.

Understanding medical standards begins with sorting through the jurisdictions and relationships of the various governing and certifying bodies. Once the relevant governing bodies are identified, the standards coming from each body are seen more clearly and can be accurately applied. While there are many approaches to medical standards, a helpful process first identifies the core, legally binding regulatory standard of a given country, and then uses supplementary standards as a mean of ensuring compliance. Velentium can help. Our Subject Matter Experts have a combined over 100 years of experience designing dozens of medical devices, shepherding them through the approval and compliance process, and bringing them successfully to market. <u>Reach</u> <u>out to us today to schedule a consultation and</u> <u>learn more.</u>